



## Confidentiality

A student and family's privacy is very important. All information shared with a school counselor will remain confidential unless...

- (1) a student shares a plan to harm him or herself or someone else
- (2) there is suspicion a student may be a victim of abuse or neglect

In these situations, we are required by law to report this information to parents and/or to appropriate agencies.

Counselors may share information with teachers/staff on a need to know basis with student or parent permission.

**Home of the Cowboys**

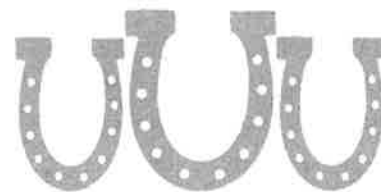
## **Killdeer Elementary School**

***Mrs. Ruth Adams  
K-6 School Counselor***

**701-764-5877**

**101 High Street NW  
Killdeer, ND 58640**

***ruth.adams@k12.nd.us***



**Your school  
counselor is  
here to help!**



***Hi! I am looking forward  
to getting to know you  
and your child or  
children.***

## **School counselors are here for parents!**

**We will work with parents/guardians to:**

- Provide support when seeking help
- Provide information regarding available community resources
- Share information about their child within the boundaries of the counselor's professional ethics
- Review student academic performance

## **School counselors are here for teachers/staff!**

**We will work with teachers to:**

- Help identify and assist students with academic, emotional or behavioral difficulties
- Sit in on parent conferences when requested
- Plan relevant classroom guidance lessons to address student needs
- Make referrals as necessary

## **School counselors visit classrooms to teach guidance lessons on...**

- Study habits and test taking strategies
- Goal setting
- Character traits
- Career development and healthy decision-making
- Handling stress and other emotions
- Dealing with peer pressure and getting along with others

## **School counselors offer small counseling groups.**

4 to 10 students meet in a group to talk, share feelings and learn coping strategies when they are dealing with a similar concern such as divorced parents, loss of a loved one or social/emotional concerns.

**\*\*Students will only participate in groups if written parent/guardian permission is received.\*\***

## **School counselors are here for students!**

**We will meet with students to:**

**Create a plan for academic success**

Problem solve

**Help with friends**

Identify strengths/explore interests

**Help with transitions**

Work on behavior concerns

**Learn to cope with emotions**

Cope with changes in the family

**Deal with loss**

## **School counselors meet with students when...**

**Parents make a request.**

**Students make a request.**

**Teachers/staff members make a request.**

**A student is visibly upset, angry etc.**